



# Nutrition Facts

3 servings per container (1 kit)

**Serving size**

**1 cup (192g)**

	Per serving		Per container	
<b>Calories</b>	<b>270</b>		<b>820</b>	
	% DV*		% DV*	
<b>Total Fat</b>	11g	<b>14%</b>	32g	<b>41%</b>
Saturated Fat	3g	<b>15%</b>	9g	<b>45%</b>
<i>Trans Fat</i>	0g		0g	
<b>Cholesterol</b>	15mg	<b>5%</b>	40mg	<b>13%</b>
<b>Sodium</b>	650mg	<b>28%</b>	1940mg	<b>84%</b>
<b>Total Carb.</b>	31g	<b>11%</b>	93g	<b>34%</b>
Dietary Fiber	1g	<b>4%</b>	4g	<b>14%</b>
Total Sugars	3g		10g	
Incl. Added Sugars	1g	<b>2%</b>	2g	<b>4%</b>
<b>Protein</b>	12g		35g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	73mg	6%	219mg	15%
Iron	2mg	10%	5mg	30%
Potassium	147mg	4%	442mg	10%



XXXXXX

XXXX/XXXX

LOT#

BEST BY

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** CHICKEN BONE BROTH, RAMEN NOODLES (WHEAT FLOUR, WATER, KANSUI (WATER, POTASSIUM CARBONATE, SODIUM CARBONATE), POTATO STARCH, PROPYLENE GLYCOL, EMULSIFIER (SORBITOL, RAPESEED OIL, SOY LECITHIN, POLYGLYCEROL ESTERS OF FATTY ACIDS, ASCORBYL PALMITATE), DRIED EGG WHITE POWDER, DOUGH CONDITIONER (WHEAT GLUTEN, CALCIUM OXIDE), FD&C YELLOW #5, CORNSTARCH), PORK BELLY, MIRIN SWEET COOKING RICE WINE (GLUCOSE SYRUP, RICE, MALTED RICE, ALCOHOL, SALT), SPINACH, WATER, COOKING RICE WINE (RICE, MALTED RICE, SALT, HIGH FRUCTOSE CORN SYRUP, SALT, ALCOHOL (RETAINS FRESHNESS), CITRIC ACID), BAMBOO SHOOTS (BAMBOO SHOOTS, SALT, SODIUM PHOSPHATE, SODIUM SULFITE), CANOLA OIL, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT, SODIUM BENZOATE (PRESERVATIVE), BREWING STARTER), CONTAINS 1% OR LESS: ONION, DRIED SKIPJACK TUNA SHAVINGS, DRIED BONITO SHAVINGS (SKIPJACK TUNA), BROWN SUGAR (SUGAR, MOLASSES), SALT, DRIED MACKEREL, GINGER, SHALLOTS, NORI (DRIED SEAWEED), USUKUCHI SOY SAUCE (WATER, SOYBEAN, WHEAT, WHEAT PROTEIN, RICE, SALT, GLUCOSE, ALCOHOL), HONEY, SEA SALT, DRIED SEAWEED, GARLIC, BLACK PEPPER, DRIED SHIITAKE MUSHROOM (DRIED SHIITAKE, SULFUR DIOXIDE), GARLIC PASTE (GARLIC, WATER, CITRIC ACID), GINGER PASTE (GINGER, WATER, CITRIC ACID)

CONTAINS: EGG, FISH (TUNA, MACKEREL), SOY, WHEAT, SULFITES

MAY CONTAIN: ANCHOVY

DISTRIBUTED BY: RAMEN HERO, 449 15 ST STE 103, OAKLAND CA 94612