



Nutrition Facts

3 servings per container (1 kit)

Serving size **1/3 pkg (192g) makes 1 cup as prepared**

Calories	Per serving		Per container	
	290	% DV*	880	% DV*
Total Fat	13g	17%	39g	50%
Sat. Fat	4g	20%	11g	45%
Trans Fat	0g		0g	
Cholest.	25mg	8%	70mg	23%
Sodium	690mg	30%	2070mg	90%
Total Carb.	29g	11%	86g	31%
Fiber	1g	4%	4g	14%
Total Sugars	2g		6g	
Incl. Added Sugars	0g	0%	1g	2%
Protein	14g		42g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	72mg	6%	215mg	15%
Iron	2mg	8%	5mg	25%
Potassium	158mg	4%	473mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS : CHICKEN BONE BROTH, RAMEN NOODLES (WHEAT FLOUR, WATER, KANSUI (WATER, POTASSIUM CARBONATE, SODIUM CARBONATE), PROPYLENE GLYCOL, DRIED EGG WHITE POWDER, WHEAT GLUTEN, EMULSIFIER (SORBITOL, RAPESEED OIL, SOY LECITHIN, POLYGLYCEROL ESTERS OF FATTY ACIDS, ASCORBYL PALMITATE), DOUGH CONDITIONER (WHEAT GLUTEN, CALCIUM OXIDE), SALT, FD&C YELLOW #5, CORNSTARCH), PORK BELLY, GROUND PORK, WATER, MIRIN SWEET COOKING RICE WINE (GLUCOSE SYRUP, RICE, MALTED RICE, ALCOHOL, SALT), JALAPENO PEPPERS, CANOLA OIL, USUKUCHI SOY SAUCE (WATER, SOY BEAN, WHEAT, WHEAT PROTEIN, RICE, SALT, GLUCOSE, ALCOHOL), SPINACH, CONTAINS 1% OR LESS: SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT, SODIUM BENZOATE (PRESERVATIVE), BREWING STARTER), ONION, DRIED SKIPJACK TUNA SHAVINGS, LEMON PEEL, DRIED BONITO SHAVINGS (SKIPJACK TUNA), LEMON JUICE, BROWN SUGAR, SALT, DRIED MACKEREL, SHALLOT, GINGER, NORI (DRIED SEAWEED), COOKING RICE WINE (RICE, MALTED RICE, SALT, HIGH FRUCTOSE CORN SYRUP, SALT, ALCOHOL (RETAINS FRESHNESS), CITRIC ACID), BLACK PEPPER, HONEY, GINGER PASTE (GINGER, WATER, CITRIC ACID), GARLIC PASTE (GARLIC, WATER, CITRIC ACID), DRIED SEAWEED, GARLIC, SEA SALT, DRIED SHIITAKE MUSHROOM (DRIED SHIITAKE, SULFUR DIOXIDE)

CONTAINS: EGG, FISH (TUNA, MACKEREL), SOY, WHEAT, SULFITES
MAY CONTAIN: ANCHOVY

DISTRIBUTED BY: RAMEN HERO, 449 15 ST STE 103, OAKLAND CA 94612

LOT#: _____
BEST BY: _____